



# Managing chronic conditions in primary care

## TOP TEN PRIORITIES FOR RESEARCH

Decided by priority setting partnership with patients, carers, and healthcare professionals in Ireland

1

How can **exchange of information** be improved between specialist or hospital services and primary care for both people with chronic conditions and healthcare professionals?

2

What **non-drug treatments** for managing chronic conditions (e.g., exercise and other lifestyle changes, physical therapies, talk therapies) could be integrated into primary care services instead of or in addition to medications?

3

How can a **multidisciplinary approach** (e.g. the involvement of a mix of health care professionals) be implemented when managing chronic conditions in primary care?

4

How can **primary health care data** be used to inform chronic condition management, both in the care of individual patients and in the delivery of services more broadly?

5

In what ways can primary care understand and address patient and family/carer **treatment burden**, i.e. the work people have to do to manage chronic conditions and the impact that has?

6

What is the best way to ensure **appropriate and timely access** to Irish primary care services for people managing chronic conditions?

7

How can primary care services best manage the complexities of caring for people with **multiple chronic conditions** (across the lifespan)?

8

How can people with chronic conditions be best supported to **engage with and navigate health and social care information and services**?

9

What is the best way to support **continuity of care** for people with chronic conditions within primary care, including continuity in their relationships with primary care professionals and in the management and coordination of their care?

10

How can primary care services support **good mental health and wellbeing** for people managing chronic conditions and symptoms?

Visit [primarycaretrials.ie/psp](http://primarycaretrials.ie/psp) for more information on these priorities and how they were developed